

ARIANNA BALLATI

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11/2020 – 06/2021 and now. Advanced Training Course in Anthropology of Health in Complex Systems at La Torre di Maurizio Grandi. Subjects of interest:

Ethnomedicine, ethnobotany, ethnopharmacology, anthropology. Thesis: *“Cancer and Arianna’s thread: from tumour cell anarchy to the keynote”*

09/2018 – 07/2020. Degree in Clinical Psychology and Neuroscience (MA) at Università degli Studi di Padova. Thesis: *“Interpersonal Synchrony as the embodiment of rapport: a randomized controlled trial.* Vote: 110 cum Laude.

09/2015 – 07/2018. Degree in Cognitive and Psychobiological Sciences (BA) at Università degli Studi di Padova. Thesis: *“Mind-Matter interaction: two pilot studies.* Vote: 110 cum Laude



TRAINEESHIP AND ACCADEMICAL EXPERIENCES

02/11/2020 – 02/11/2021. Professionalizing Post-Degree traineeship at La Torre di Maurizio Grandi (via Mario Ponzio, 10. Torino, 10141): **Ethnobotanical and phytosociobiological studies, plant research. Neuroscience, illness, cancer, nutrition and botanical interactions.** Medical and psychotherapeutic interviews. Administering and managing bioelectromagnetic therapies (sequex, synthèXer, Bemer, regenotherapy, QRS). Administration and analysis psychophysiological tests (hrv, eeg, ecg, fc, emg)

01/02/2020 – 30/04/2020. Pre-degree (MA) traineeship at UniversitaetsKlinikum Freiburg, Germany (Erasmus+Traineeship): Designed and carried out research on body synchronization. Participated in the submission process of several publications. Designed a telephone mindfulness programme for health professionals during Covid-19. Participated in a philosophical workshop on phenomenology and psychopathology: <https://phenolab.blogspot.com/2020/11/who-we-are.html>.

15/10/2017 – 09/05/2018. Pre-degree (BA) traineeship at Università degli Studi di Padova. (Recruitment of subjects, administration of treated water samples vs. controls, administration of questionnaires for perceptual evaluation of water characteristics, data analysis)

01/2017 – 06/2017. Erasmus+Studio – Budapest

PUBBLICATIONS AND CONFERENCES

04/2022. CUCS22 – Napoli (VII Congresso CUCS Napoli 2022 LA COOPERAZIONE UNIVERSITARIA NELLE NUOVE SFIDE PER LO SVILUPPO SOSTENIBILE). Poster: *Sud America - Italy: innovation in the tradition of ethnopharmacopoeia for a sustainable future.* Maurizio Grandi, Claudio Baiocchi.

04/2022. Book chapter: *“Sudamerica. La Terra ferita, i farmaci perduti”* di Maurizio Grandi **(The anthropology, ethnobotany of therapeutic plants of Amazonia).**

03/2022. Book chapter with Prof. Maurizio Grandi: *“In Dialogo: appunti per una cultura della complessità”.*

10/2021. Collaborator at conference by Maurizio Grandi *“Therapeutic Landscape Design”* **(The importance of nature in medical context)** – Politecnico di Milano – Architecture Faculty

10/2021. Collaborator at conference by Maurizio Grandi *“Le Vie del Latte”* – Università di Trento. Fondazione Museo storico del Trentino.

ARTICLE: Pederzoli, L., Prati, E., Ballati, A., & Tressoldi, P. (2020). Remote Viewing with and without controlled Out-Of-Body Consciousness.

VOLUNTEERING AND SOCIAL ACTIVITIES

Now and since 09/2011. Infermiera Crocerossina e Volunteer in Croce Rossa Italiana

10/2017 – 06/2018. Volunteer at Comunità di Sant’Egidio in Padova

10/2014 – 01/2015. Volunteer in Ethiopia: teacher of English and computer science in kindergarten. Organised and managed work groups with orphan children aged 15 to 17 - restored and painted the facade of the school.